

Breakfast Menu

Continental Buffet

Selection of Freshly Squeezed Juices

Orange Juice
Cloudy Apple
Pink Grapefruit
Green Smoothie with Cucumber and Lime

Fruit Selection

Forest Fruit Compote, Yoghurt and Oat Granola
Cantaloupe Melon, Pineapple, Watermelon, Pink
Grapefruit, Grapes, Orange Segments

Cereals

Porridge Oats Cornflakes
Fruit and Nut Muesli Rice
Weetabix
Mixed Berry Granola
Cornflakes

Bakery Basket

Freshly Baked Danish
Pastries and Croissants
White Toast
Brown Toast
Gluten Free Toast
Mini Bagels

Lowry Breakfast

Lowry Full English Breakfast

Lowry Olde English Pork Sausage, Back Bacon, Grilled Tomato, Hash Brown, Bury Black Pudding, Flat Mushroom and Baked Beans Fried Egg, Poached Egg, Scrambled Eggs

Crushed Avocado

Toasted Seed bread, Poached Eggs

Healthy Breakfast

Sweet Potato, Spinach and Spring Onion Hash, Poached Egg, Cherry Tomatoes

Eggs Benedict

English Muffin, Poached Egg and Classic Hollandaise

Omelette Please choose from the following

Cheese, Ham, Red Onion, Red Chilli, Mushrooms, Back Bacon, Spinach, Smoked Salmon

Scottish Oak Smoked Salmon

Toasted Seed Bread, Scrambled Egg

American Pancakes

Shredded Ham Hock, Maple Syrup, Blueberry

Our dish descriptions don't always mention every single ingredient, so please check our allergen tables (available upon request), which cover the 14 allergens specified by the Food Standards Agency. If you suffer from an allergy that is not included in these please contact the hotel in advance and our team will be happy to help. Due to the seriousness of allergies/food intolerances our serving team will not be able to help select dishes on the day. Our gluten free items are made with non-gluten containing ingredients however our fried items are cooked in the fryer with other ingredients containing gluten.